

RANDWICK DAY SURGERY
2 Eurimbla Avenue, Randwick NSW 2031
GUIDELINES FOR ADMISSION OF PATIENTS

- The patient must be a minimum of 2 years of age. The upper limit is negotiable and depends upon the health of the individual.
- The patient should live within a 25km radius of a hospital with emergency facilities.
- The patient should not be more than 20% overweight for their height. This is a flexible standard, however grossly obese individuals should be discouraged from day surgery anaesthesia. All obese patients need Pre-Admission Testing.
- Patients with medical conditions such as asthma, hypertension, cardiac disease, diabetes, even if well controlled, need Pre-Admission Testing. Any patient with a past history of anaesthetic problems or anticipated anaesthetic difficulties needs a Pre-Anaesthetic Consultation.

Pre-Admission Testing:-

These tests should be performed within 6 months of admission and sent directly to Randwick Day Surgery. Tests can be done either through the patient's General Practitioner or the relevant pathology service.

1. Patients Under 55 years of age **with no known diseases**:
No routine investigations required
2. Patients under 55 years **with known diseases** (e.g. cardiac, respiratory, renal, CNS etc):
 - a. ECG
 - b. Na/K/BSL/Creatinine
 - c. Full blood count
3. **All patients over 55 years:**
 - a. ECG
 - b. Na/K/BSL/Creatinine
 - c. Full blood count

Queries regarding medications can be discussed with the staff at Randwick Day Surgery.

- Length of procedure:
Out-patient dental anaesthetic should be limited to **3 hours maximum** (which includes intubation and extubation of the patient) and must be performed in the morning. Preferably longer procedures should be divided into two 1 ½ hour sessions due to the following problems which can arise with a long anaesthetic in an out-patient setting –
 - a) Fluid management
 - b) Possible incontinence (bladder catheterization is required in extended procedures). This is obviously not feasible in an out-patient setting
 - c) Management of heat loss
 - d) Pressure injuries to soft tissues such as nerves
 - e) Possible circulatory complications e.g. deep vein thrombosis due to venous stasis
 - f) Prolonged recovery
- A facility fee applies to procedures longer than 1 ½ hours duration. This fee is payable on the day by the Dentist, and cannot be passed on to the patient.